

YOGA MASTER'S COURSE

A comprehensive correspondence course in classical ashtanga yoga

By: Yogacharya
Director of International Yogalayam
Editor of *The Yoga News*

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Published by International Yogalayam

www.theyogatutor.com

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Dedicated to the teachings of Dr. Swami Gitananda Giri Gurumaharaj

My eternal gratitude to Yogacharini Meenakshi Devi Bhavanani, and Yogacharya Dr. Ananda Balayogi Bhavanani, through whom these wonderful teachings have reached me. Their selfless service to the great science of yoga remains my constant inspiration.

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